

Keep Building

An inspired poem:

Shed the weight—
not for shedding's sake,
but so you are fit for the fight
and carry what it takes.

Build, build, build.
Yield, yield, yield.
For you have been sealed
to be filled
with all the fullness
of the Living God.

Build with living stones
an edifice worthy of your God—
not in your own might
nor in your own power,
but in dependence upon Him,
right up until
the final hour.

“Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.”

[Ephesians 4:29](#) (NIV)